

### QUALIFICATIONS PROFILE

#### Core Competencies:

*Social Work, Counseling & Therapy*

*Government Human Services Liaison*

*Practice Marketing & Networking*

*Case Notes & Treatment Plans*

*Feeling Education with Children*

*In-Home Therapy Services*

*Writing & Documentation*

*Behavioral Modification*

*In-Service Workshops*

*Agency Collaboration*

*Advocate & Liaison*

*Case Management*

*Client Admissions*

*Client Education*

- ❑ **Child Therapy:** Implementing therapy techniques that are designed to help children who have experienced considerable change or trauma in their lives express and understand their feelings. Building trust and rapport with children to ensure effective treatment and results. Assessing children's behavior and feelings to identify their needs and determine the best therapy techniques to introduce.
- ❑ **Teaching & Child Care:** Leading adolescent and pre-adolescent socialization groups, managing children's bereavement groups in a school environment, directing after-school educational / recreational programs, and serving as summer camp counselor. Applying knowledge of "Circle Time" techniques for toddler groups. Providing child care discipline and educational instruction to pre-school and toddler groups. Participating as School Social Worker on Children's Specialized Hospital Independent Child Study Team.
- ❑ **Case Management:** Developing and executing individual treatment plans. Using diverse programs, processes, and dynamics to achieve planned outcomes. Monitoring and changing plans based on progress and individual needs. Maintaining well-organized case documentation, implementing legal and policy frameworks.
- ❑ **Strengths:** Outstanding communication, public speaking, and networking skills. Strong desire to improve the lives of clients by helping them deal with their environment, relationships, and personal / family problems. Able to act as an advocate for children when they cannot speak for themselves. Broad base of community resources and agencies focused on helping children, families, and the elderly. Impeccable professional ethics.

### PROFESSIONAL EXPERIENCE

FAMILY CENTER – Woodbridge, NJ

2007 – Present

#### Therapist & Social Worker

Provide in-home therapy to children and families on a case-by-case per diem basis. Meet with individuals and families to assess their needs and develop comprehensive treatment plans. Interact with clients and their family members to build rapport and effective relationships, as well as establish trust. Utilize a variety of modalities, including behavior modification and feelings education with children. Teach positive parenting techniques to help parents understand the complex social issues families face each day and how to cope / deal with them while making good decisions that affect their children. Coordinate community resources as needed by individual clients and family members. Participate in meetings with supervisor to discuss cases and identify treatment and resources.

#### Key Contributions:

- Display a workable understanding of a variety of theory and methodology in working with youth and their families.
- Demonstrate ability to work independently in the field and autonomously complete required paperwork.

MERCER CARE CENTER – Plainsboro, NJ

2003 – Present

#### Director of Social Services

Direct, establish, and plan the overall policies and goals for the Social Services Department. Conduct resident assessments, care planning, and help residents adjust to their new surroundings. Develop and execute resident care plans. Assist families of residents to cope with placement, illness, and death. Coordinate residents' visits with outside resources and care providers. Work closely with resident, family, and team members in discharge planning for short-term care. Assist with Medicaid applications and administrative responsibilities. Participate in marketing the facility and its services in a variety of venues.

Key Contributions:

- Conduct job responsibilities in accordance with the company's code of ethics, conduct, professional standards, and appropriate governing laws / regulations.
- Played a key role in organizing a wedding for two residents; coordinated with restaurant, Mayor of Long Branch, retail stores, and local newspaper for donations and media coverage.

MANOR NURSING & REHAB – Hazlet, NJ

2002 – 2003

SERENITY CENTER – ELDERCARE – Matawan, NJ

2000 – 2002

**Social Worker**

Interviewed residents and their families to assess and review their unique situation. Worked in conjunction with medical staff to conduct patient assessments and develop treatment / discharge plans for residents. Offered information and counseling support to patients and their family members. Recommended and helped make decisions on the best course of action for patients. Maintained accurate case records.

Key Contributions:

- Developed support systems to meet client needs by identifying and coordinating a variety of available services.
- Implemented knowledge-based social work models and methods to develop and improve skills and performance.

COMMUNITY YMCA – CENTRAL BRANCH – Sayreville, NJ

1998 – 2000

**After School Program Coordinator and Camp Counselor**

Served as Site Director for after-school educational and recreational instruction programs at Redwood Elementary School. Supervised two staff members in carrying out program goals and objectives. Acted as part-time Assistant Director at Parlin Primary School. Planned and implemented daily enrichment activities for students.

Key Contributions:

- Worked as counselor at Camp Tomahawk summer camp for first grade students.
- Interacted effectively with children and their parents to ensure a successful learning and development experience.

WESTHAMPTON MARTIN LUTHER SCHOOL – Blue Bell, PA

1996 – 1998

**Social Worker – Foster Family Care Program**

Worked in conjunction with the Philadelphia Department of Human Services with relation to the welfare and placement of children in foster care. Provided quality services in areas of home-based therapy, case management, and outreach advocacy to foster children, birth families, and foster families.

Key Contributions:

- Collaborated with school staff in all aspects of IEP development and behavioral assessment of children.
- Implemented a strong working knowledge of the legislation framework within child protection.

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**Graduate and Undergraduate Field Work – Social Work and Teaching**

CPC BEHAVIORAL HEALTHCARE – Freehold, NJ; **SOCIAL WORK INTERN, 1995 to 1996**

JERSEY SHORE MEDICAL CENTER – Neptune, NJ; **SOCIAL WORK INTERN, 1994 to 1995**

ROSEMONT COLLEGE – Rosemont, PA; **TEACHING ASSISTANT, College Day Care Center 1990 to 1994**

**EDUCATION & CREDENTIALS**

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**Master of Social Work** (1999); NEW YORK UNIVERSITY – New York, NY

**Bachelor of Arts in Psychology** (1996); ROSEMONT COLLEGE – Rosemont, PA

NJ Licensed Clinical Social Worker • NJ School Social Worker Certificate • CT School Social Worker Certificate • Passed Praxis Series I exam